FREE CLASSROOM PACK · KINDERGARTEN

Gaming

Kindergarten Classroom Pack

Ready-to-print activities for **Emily & Aiden, Gaming** by Miss Rose.
Screen-time balance. Read the story aloud, then pick a page.



1. Read-aloud guide
For the teacher

2. What happened first?
Cut, order, and glue 4 pictures

3. How does Aiden feel?
Circle a face

4. Good choice or oops?
Thumbs up or down

5. Color Aiden
Coloring page

6. Color Emily
Coloring page

7. Outside fun
Draw and tell

8. Our balance stars
Class chart

9. Play with me tonight
Take-home page

10. Level up!
Certificate

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FOR THE TEACHER

Read-aloud guide

Aiden loves playing online with his friend Noah, and when he is having fun, time flies by like a rocket. He forgets to eat, forgets his homework, and plays late at night. With Emily's help he learns homework first, then play, uses a timer, and finds out a camping trip is the world's biggest playground. About 15 minutes to read aloud.

Before you read

- Show the cover. What is Aiden doing? Do you like games?

While you read

- **Time flies by like a rocket!** Why does Aiden forget the time?
- **Emily: "You have not eaten at all."** What does your body need?
- Stop and predict **Aiden forgot his homework.** How do you think Emily will help?
- **Aiden sets a timer.** Let's count down like a timer: 5, 4, 3, 2, 1!

After you read

- What did Aiden learn?
- What fun things did Emily and Aiden do outside?
- What do you like to do without a screen?

Sing it!

Play **"Level Up!"** from the Adventures in Melody: Kids Songs, Vol. 2 album (listen at authormissrose.com/music). Kids can "level up" with big jumps and stretches, a perfect screen-free break.

KINDERGARTEN

Name _____

What happened first?

Cut out the pictures. Glue them in the right order: 1, 2, 3, 4.

1

2

3

4

✂ cut on the lines



Answer key: 1. Aiden plays games online. 2. Aiden forgot his homework. 3. Aiden sets a timer for one hour. 4. The family goes camping!

KINDERGARTEN

Name _____

How does Aiden feel?

Look at Aiden. Circle the face that shows how he feels.



At the start





At the end



Now draw your face when you play outside.

Talk about it: Aiden was sad because he forgot his homework. At the end, he says, “I did not miss my computer!” What changed?

KINDERGARTEN

Name _____

Good choice or oops?

Listen to each sentence. Is Aiden making a good choice? Circle thumbs up or thumbs down.



Aiden sets a timer for one hour.



Aiden plays late at night instead of sleeping.



Aiden eats fruit before his game.



Aiden plays much longer than one hour.

Read each caption aloud. Answer key: 1. thumbs up. 2. thumbs down. 3. thumbs up. 4. thumbs down. Ask: what helps Aiden balance fun and his jobs?

KINDERGARTEN

Name _____

Color Aiden!

Aiden has his headphones on. Is it game time or music time?

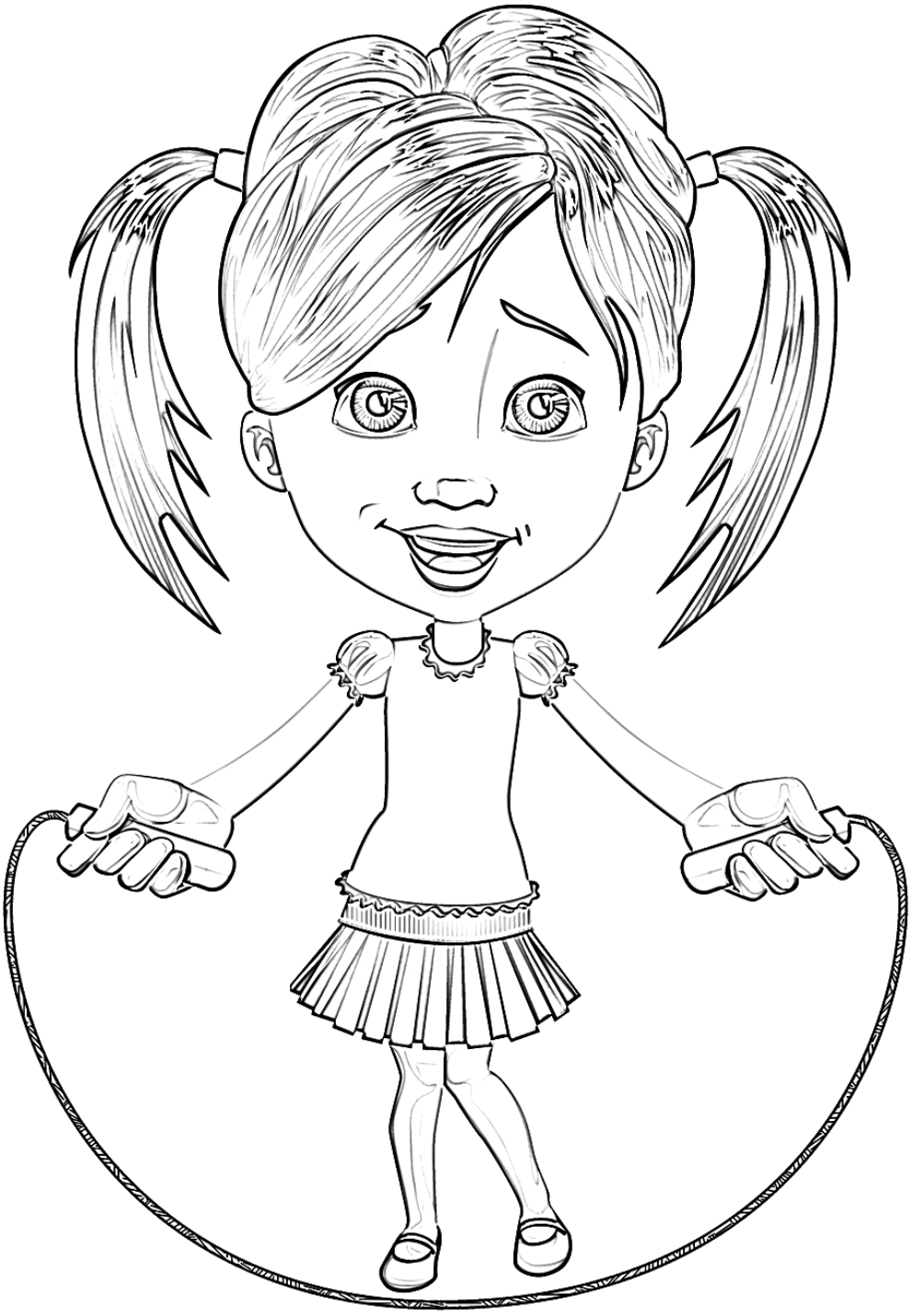


KINDERGARTEN

Name _____

Color Emily!

Emily asks Aiden, “Want to jump rope?” Color Emily and her rope.



KINDERGARTEN

Name _____

Outside fun

At the end, Aiden says the outdoors is “the world’s biggest playground.” Draw something fun you like to do outside.

Outside, I like to

Children tell you about their picture while you write their words.

CLASSROOM CHART

Our balance stars

Color a star each time you finish your work first, then play. After five stars, we celebrate together.

	★	★	★	★	Party!
	☆	☆	☆	☆	☆
	☆	☆	☆	☆	☆
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A great prize is screen-free: extra recess, a class game outside, or a dance break to “Level Up!”

TAKE HOME · FOR FAMILIES

Name _____

Play with me tonight

Today we read **Emily & Aiden, Gaming** in class. Aiden loves video games, but he learns to use a timer, do homework first, and enjoy time outside. Ask your child to tell you the story!

Questions for bedtime

- What does Aiden love to play?
- What did Aiden forget?
- What do you like to play outside?

Our screen-free fun week

Do one screen-free thing together each day: play outside, read, cook, or play a board game. Color the day. Bring this page back to school!

Mon	Tue	Wed	Thu	Fri	Sat	Sun

Aiden's rules (from the book)

Homework first. Then play.

Eat and drink. Healthy food for a healthy body.

Sleep is important. Rest for more fun tomorrow.

Use a timer. One hour goes fast!

Phones in the kitchen. At bedtime, screens sleep too.

Go outside. It is the world's biggest playground!



Emily & Aiden books are written and illustrated by Miss Rose in Arizona. Hardcovers and songs: **authormissrose.com**. 10% of net profit from the Emily & Aiden series funds free reading glasses for local kids.

BALANCE AWARD

Level up!

This award goes to

_____

for balancing fun and responsibilities

_____



“I can balance fun and responsibilities.”

Date _____

Signed _____