FREE CLASSROOM PACK · 1ST GRADE

Gaming

1st grade Classroom Pack

Ready-to-print activities for **Emily & Aiden, Gaming** by Miss Rose.
Screen-time balance. Read the story aloud, then pick a page.



1. Read-aloud guide
For the teacher

2. First, next, then, last
Read and match sentences

3. Time is up, Aiden!
Time to the hour

4. Homework first, then play
Sort and write

5. My fun without a screen
Writing and drawing

6. Color Aiden
Coloring page

7. Our balance stars
Class chart

8. Play with me tonight
Take-home page

9. Level up!
Certificate

10. Bookmarks
Cut out and color

Free to print and share for classroom and home use. Please do not sell. © Kidzmanual LLC · More packs: authormissrose.com/schools

FOR THE TEACHER

Read-aloud guide

Aiden loves playing online with his friend Noah, and when he is having fun, time flies by like a rocket. He forgets to eat, forgets his homework, and plays late at night. With Emily's help he learns homework first, then play, uses a timer, and finds out a camping trip is the world's biggest playground. About 15 minutes to read aloud.

Before you read

- Look at the cover. What does "balance" mean?
- What do you like to do after school?

While you read

- **Aiden would rather play online than with Emily.** How do you think Emily feels?
- **Aiden forgot his homework.** Emily says we all forget sometimes. What should he do now?
- Stop and predict **Aiden plays for one hour.** Will he stop on time? Why or why not?
- **Aiden learns multiplication to earn game time.** What is a reward that helps you work hard?
- **Aiden says, "I did not miss my computer!"** Why not?

After you read

- Retell the story with first, next, then, and last.
- What tools helped Aiden: a timer, a rule, or both?
- What can you do when time flies by too fast?

Sing it!

Play **"Level Up!"** from the Adventures in Melody: Kids Songs, Vol. 2 album (listen at authormissrose.com/music). Kids can "level up" with big jumps and stretches, a perfect screen-free break.

1ST GRADE

Name _____

First, next, then, last

Read the sentences. Cut them out. Glue each one under the picture it matches.



glue the sentence here



glue the sentence here



glue the sentence here



glue the sentence here

✂ cut on the lines

Aiden sets a timer for one hour.	Aiden plays games online.
The family goes camping!	Aiden forgot his homework.

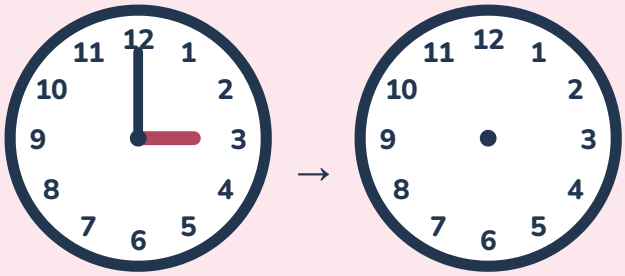
1ST GRADE

Name _____

Time is up, Aiden!

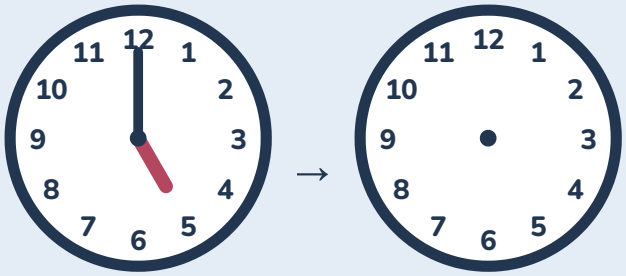
Emily says: “Let us use a timer next time.” Draw the hands to show when Aiden must stop. Write the time.

Aiden starts playing at 3:00. He plays for 1 hour. When does the timer ring?



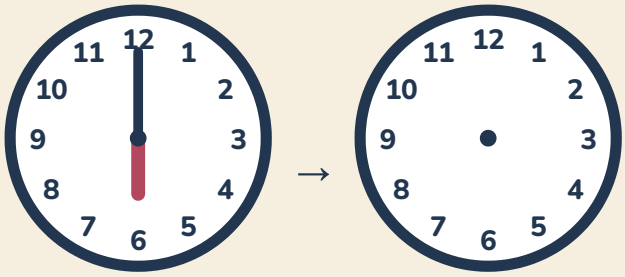
Start: 3:00 Stop: ____ : ____

Aiden starts at 5:00. He plays for 1 hour. When must he stop?



Start: 5:00 Stop: ____ : ____

Dinner is at 6:00. Bedtime is at 8:00. Draw bedtime.



Start: 6:00 Stop: ____ : ____

Draw your own! What time do you go to bed?



____ : ____

The short hand shows the hour. The long hand points to 12 on the hour. Answer key: 4:00, 6:00, 8:00.

1ST GRADE

Name _____

Homework first, then play

Aiden says: “I learned my lesson. Homework first, then play.” Cut out the cards. Sort them: jobs go first, fun comes next.

First	Then

✂ cut on the lines

do my homework	play a game	eat dinner
play outside	brush my teeth	watch a show

First I

then I

1ST GRADE

Name _____

My fun without a screen

Aiden and Emily go camping. Aiden says, “I did not miss my computer!”

Something fun I can do without a screen is

I like it because

Draw a picture:

1ST GRADE

Name _____

Color Aiden!

Aiden loves soccer. He dreams of playing in a big stadium!



CLASSROOM CHART

Our balance stars

Color a star each time you finish your work first, then play. After five stars, we celebrate together.

	★	★	★	★	Party!
	☆	☆	☆	☆	☆
	☆	☆	☆	☆	☆
	☆	☆	☆	☆	☆
	☆	☆	☆	☆	☆
	☆	☆	☆	☆	☆
	☆	☆	☆	☆	☆
	☆	☆	☆	☆	☆
	☆	☆	☆	☆	☆
	☆	☆	☆	☆	☆
	☆	☆	☆	☆	☆
	☆	☆	☆	☆	☆
	☆	☆	☆	☆	☆
	☆	☆	☆	☆	☆
	☆	☆	☆	☆	☆

A great prize is screen-free: extra recess, a class game outside, or a dance break to “Level Up!”

TAKE HOME · FOR FAMILIES

Name _____

Play with me tonight

Today we read **Emily & Aiden, Gaming** in class. Aiden loves video games, but he learns to use a timer, do homework first, and enjoy time outside. Ask your child to tell you the story!

Questions for bedtime

- What happened when Aiden forgot to watch the time?
- How did a timer help him?
- What is a fun thing we can do together without a screen?

Our screen-free fun week

Do one screen-free thing together each day: play outside, read, cook, or play a board game. Color the day. Bring this page back to school!

Mon	Tue	Wed	Thu	Fri	Sat	Sun

Aiden's rules (from the book)

Homework first. Then play.

Eat and drink. Healthy food for a healthy body.

Sleep is important. Rest for more fun tomorrow.

Use a timer. One hour goes fast!

Phones in the kitchen. At bedtime, screens sleep too.

Go outside. It is the world's biggest playground!



Emily & Aiden books are written and illustrated by Miss Rose in Arizona. Hardcovers and songs: **authormissrose.com**. 10% of net profit from the Emily & Aiden series funds free reading glasses for local kids.

BALANCE AWARD

Level up!

This award goes to

_____

for balancing fun and responsibilities

_____



“I can balance fun and responsibilities.”

Date _____

Signed _____

CUT OUT AND COLOR

Bookmarks



“Homework first, then play.”

Aiden

This book belongs to

Screen-free fun today

authormissrose.com



“When you are having fun, time flies by like a rocket!”

Emily & Aiden, Gaming

This book belongs to

Screen-free fun today

authormissrose.com



“Being outside is an adventure!”

Emily

This book belongs to

Screen-free fun today

authormissrose.com